



Michael O'Neill. On Yoga: The Architecture of Peace



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Eddie Stern, H.H. H.H. Swami Chidanand Saraswatiji

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314 Seiten

Kurzbeschreibung

Yoga practice around the world

From the banks of the ancient Ganges River to the glamor of Beverley Hills, from living saints to Hollywood celebrities, Michael O'Neill's quest to capture the essence of yoga spans time, space, and peoples. His stunning images celebrate how the age-old discipline of asanas has developed into a modern global community of 30 million practitioners, united in physical, spiritual, and mindful practice.

A yoga instructor in his own right, O'Neill's own knowledge of yoga informs and inspires his stunning photography of the intricate positions, the rituals, the festivals, the meditations, and the symbols of yoga. He photographs some of the most important yogis of our time including Eddie Stern, Rodney Yee, Dharma Singh Khalsa, B.K.S. Iyengar, as well as those famed for integrating yoga into their high-profile lives, such as Christy Turlington and Sting and Trudie Styler.

The images are accompanied by illuminating captions and insightful essays from leading yogis H.H. Swami Chidanand Saraswatiji and Eddie Stern, who together discuss the history of yoga, its dissemination into popular culture, and its health and healing capacities as a way of life. Über den Autor und weitere Mitwirkende

In his near 50-year career, Michael O'Neill has photographed the cultural icons of his time, from Andy Warhol to the Dalai Lama, for publications including the New York Times Magazine, Rolling Stone, and Vanity Fair. For the last decade he has immersed himself in the culture of yoga, turning his lens on the origins and essence of this ancient and timeless spiritual practice.

Eddie Stern is the founder of Ashtanga Yoga New York and the Broome Street Ganesha Temple in NYC. He co-publishes the philosophy journal Namarupa, Categories of Indian Thought, and is a co-creator of the violence reduction program called Urban Yogis.

H.H. Swami Chidanand Saraswatiji is one of India's most revered and beloved spiritual leaders. He is President of Parmarth Niketan Ashram in Rishikesh (home of the annual International Yoga Festival) and founder of Global Interfaith WASH Alliance, Divine Shakti Foundation, and Ganga Action Parivar, and India Heritage Research Foundation.

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